

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beyens Sam

Coaches: Luyten Sjobbe HEADCOACH

Coaches: Moors Joren

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+ Heat:2, starttime: 08:58

Heat: 2/12 Lane : 2 Athlete: MIHAILESCU STEFAN Q-time: 01:04:62

PB (50m pool): 01:04.62 Mol 28/06/2026 PB (25m pool): 01:03.83 SB: 01:04.62 Mol 28/06/2026

	5 0 M	1 0 0 M	
PB	00:29.26	01:04.62	
	00:29.26	00:35.36	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+ Heat:4, starttime: 09:20

Heat: 4/16 Lane : 8 Athlete: GEYPEN WIES Q-time: 00:34:63

PB (50m pool): 00:34.63 Antwerpen 15/03/2026 PB (25m pool): 00:34.30 SB: 00:34.63 Antwerpen 15/03/2026

	5 0 M	
PB	00:34.63	
	00:34.63	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+ Heat:6, starttime: 09:23

Heat: 6/16 Lane : 1 Athlete: VAN BAELEN YENTHE Q-time: 00:34:22

PB (50m pool): 00:34.22 Wezenberg 01/02/2026 PB (25m pool): 00:33.32 SB: 00:34.22 Wezenberg 01/02/2026

	5 0 M	
PB	00:34.22	
	00:34.22	
		

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:12, starttime: 09:33	
Heat: 12/16 Lane : 4 Athlete: SPRANGERS KATO				Q-time: 00:32:24	
PB (50m pool): 00:32.24 Antwerpen 17/05/2026				PB (25m pool): 00:31.41 SB: 00:32.24 Antwerpen 17/05/2026	
	5 0 M				
PB	00:32.24				
	00:32.24				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:2, starttime: 10:13	
Heat: 2/9 Lane : 7 Athlete: KEMPS ELIZE					Q-time: 02:59:03	
PB (50m pool): 02:59.03 Lago Kortrijk Weide 03/05/2026					PB (25m pool): 02:56.65 SB: 02:59.03 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:40.33	01:26.07	02:12.42	02:59.03		
	00:40.33	00:45.74	00:46.35	00:46.61		
						

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:4, starttime: 10:51	
Heat: 4/10 Lane : 3 Athlete: HUYSMANS SEPPE					Q-time: 02:24:38	
PB (50m pool): 02:24.38 Lago Kortrijk Weide 03/05/2026					PB (25m pool): 02:22.47 SB: 02:24.38 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:34.57	01:11.28	01:48.15	02:24.38		
	00:34.57	00:36.71	00:36.87	00:36.23		
						

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+				Heat:1, starttime: 11:48	
Heat: 1/13 Lane : 5 Athlete: GEYPEN WIES				Q-time: 00:29:29	
PB (50m pool): 00:29.29 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 00:29.21 SB: 00:29.29 Lago Kortrijk Weide 03/05/2026	
	5 0 M				
PB	00:29.29				
	00:29.29				
					

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:2, starttime: 11:49																				
Heat: 2/13 Lane : 5 Athlete: KEMPS ELIZE																				Q-time: 00:29:04										
PB (50m pool): 00:29.04 Antwerpen 08/03/2026										PB (25m pool): 00:29.30 SB: 00:29.04 Antwerpen 08/03/2026																				
	5 0 M																													
PB	00:29.04																													
	00:29.04																													
																														

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:2, starttime: 12:02				
Heat: 2/15 Lane : 3 Athlete: MIHAILESCU STEFAN										Q-time: 00:26:39				
PB (50m pool): 00:26.39 Lago Kortrijk Weide 03/05/2026										PB (25m pool): 00:28.78SB: 00:26.39 Lago Kortrijk Weide 03/05/2026				
	5 0 M													
PB	00:26.39													
	00:26.39													
														

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:2, starttime: 12:21	
Heat: 2/5 Lane : 4 Athlete: TEAM MOZKA 1							Q-time: 04:36:42	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: